



Key Scripture:

Ephesians 5:25-27 NLT

25...**Christ loved the church.** He gave up His life for her 26 to make her holy and clean, washed by the cleansing of God's word. 27 He did this to present her to Himself **as a glorious church without a spot or wrinkle** or any other blemish. Instead, she will be holy and without fault.

Be Legit and Submit

Ephesians 5:21 NIV

Submit to one another out of reverence for Christ.

Why does God want us to submit to one another?

- ✓ **Know God better.**
- ✓ **Become more like God.**
- ✓ **Show & demonstrate God's character to a lost world.**

Notes: _____

Adjust the temperature...

1. Marriage - Bedroom Thermostat ____ °F

Ephesians 5:30-33 NKJV

30 For we are members of His body, of His flesh and of His bones. 31 "For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh." 32 This is a great mystery, but I speak **concerning Christ and the church.** 33 Nevertheless let each one of you in particular so **love his own wife** as himself, and let the wife see that **she respects her husband.**

- ✓ **Wives respect your husbands.**

Ephesians 5:22-24 NLT

22 For wives, this means **submit your husbands as to the Lord.** 23 For a husband is the head of his wife as Christ is the head of the church. He is the Savior of His body, the church. 24 As the church submits to Christ, so you wives should submit to your husbands in everything.

Ephesians
Relational Thermostat

- ✓ **Husbands sacrificially love your wives.**

Ephesians 5:25-29 NLT

25 For husbands, this means **love your wives, just as Christ loved the church.** He gave up His life for her 26 to make her holy and clean, washed by the cleansing of God's word. 27 He did this to present her to Himself as a glorious church without a spot or wrinkle or any other blemish. Instead, she will be holy and without fault. 28 In the same way, husbands ought to love their wives as they love their own bodies. For a man who loves his wife actually shows love for himself. 29 No one hates his own body but feeds and cares for it, just as Christ cares for the church.

2. Family – Livingroom Thermostat ____ °F

Ephesians 6:1-4 NLT

6 **Children, obey your parents because you belong to the Lord,** for this is the right thing to do. 2 "Honor your father and mother." This is the first commandment with a promise: 3 If you honor your father and mother, "things will go well for you, and you will have a long life on the earth." 4 Fathers, do not provoke your children to anger by the way you treat them. Rather, **bring them up with the discipline and instruction that comes from the Lord.**

- ✓ **Children honor (obey) your parents.**
- ✓ **Parents raise your children in the instruction & discipline of the Lord**

3. Workplace Thermostat ____ °F

Ephesians 6:5-9 NLT

5 **Slaves, obey your earthly masters** with deep respect and fear. **Serve them sincerely as you would serve Christ.** 6 Try to please them all the time, not just when they are watching you. As slaves of Christ, do the will of God with all your heart. 7 Work with enthusiasm, as though you were working for the Lord rather than for people. 8 Remember that the Lord will reward each one of us for the good we do, whether we are slaves or free. 9 **Masters, treat your slaves in the same way.** Don't threaten them; remember, **you both have the same Master in heaven, and He has no favorites.**

- ✓ **Employees work like you are working for the Lord.**
- ✓ **Employers treat your employees like they're God's children.**

Do you need to adjust your relational thermostat setting? _____

Notes: _____

