



What's Next?

Unforced Rhythms

Key Scripture

Revelation 4:1 Message

Then I looked, and, oh! — a door open into Heaven. The trumpet-voice, the first voice in my vision, called out, "**Ascend and enter. I'll show you what happens next.**"

Get Rhythm...

Matthew 11:28-30 Message

28 "Are you tired? Worn out? Burned out on religion? Come to Me. Get away with Me and you'll recover your life. I'll show you how to take a real rest.

29 Walk with Me and work with Me — watch how I do it.

Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you.

30 Keep company with Me and you'll learn to live freely and lightly."

Rhythm: a behavior repeated so many times that it becomes automatic.

- ✓ **Practical Rhythms:** _____
- ✓ **Strategic Rhythms:** _____

Unforced Small Beginnings

Zechariah 4:6, 10 NLT

4...**It is not by force nor by strength, but by My Spirit, says the Lord of Heaven's Armies.**

10 **Do not despise these small beginnings, for the Lord rejoices to see the work begin, to see the plumb line in Zerubbabel's hand."**

Next Steps To Developing Good Rhythms

- ✓ **Make It Obvious**
- ✓ **Make It Attractive**
- ✓ **Make It Easy**
- ✓ **Make It Satisfying**

What Unforced Rhythm should you learn? _____

Notes: _____

What's Next... Unforced Rhythms

1. Wants

Philippians 4:6-7 NLT

6 Don't worry about anything; instead, **pray about everything.**

Tell God what you need, and thank Him for all He has done.

7 Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

2. With

Proverbs 27:17 NLT

As iron sharpens iron, so **a friend sharpens a friend.**

3. Word

Romans 10:17 NKJV

So then faith comes by hearing, and hearing by **the word of God.**

4. Work

Colossians 3:23-24 NLT

23 Work willingly at whatever you do, **as though you were working for the Lord** rather than for people. 24 Remember that the Lord will give you an inheritance as your reward, and that the Master you are serving is Christ.

5. Withholdings

2 Corinthians 9:6-9 NLT

6 Remember this—a farmer who plants only a few seeds will get a small crop. But **the one who plants generously will get a generous crop.** 7 You must each decide in your heart how much to give. And don't give reluctantly or in response to pressure. "For God loves a person who gives cheerfully." 8 And God will generously provide all you need. Then you will always have everything you need and plenty left over to share with others.

6. Who

Proverbs 30:4 NLT

Who but God goes up to heaven and comes back down?

Who holds the wind in His fists? **Who** wraps up the oceans in His cloak?

Who has created the whole wide world?

What is His name—and His Son's name? Tell me if you know!

Notes: _____
