



Key Scripture:

Psalm 101:2 NLT

I will be careful to live a blameless life—when will you come to help me?
I will lead a life of integrity in my own home.

Struggling At Home

Luke 10:38-42 NLT

38 As Jesus and the disciples continued on their way to Jerusalem, they came to a certain village where a woman named Martha welcomed them into her home.

39 Her sister, Mary, sat at the Lord's feet, listening to what he taught.

40 But Martha was distracted by the big dinner she was preparing. She came to Jesus and said, "Lord, doesn't it seem unfair to you that my sister just sits here while I do all the work? Tell her to come and help me."

41 But the Lord said to her, *"My dear Martha, you are worried and upset over all these details! 42 There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her."*

Different Distractions

Luke 10:40 NLT

But Martha was distracted...

- ✓ *Busyness*
- ✓ *Fairness*
- ✓ *Expectations*
- ✓ *Worries*
- ✓ *Feelings*

What would you do different? _____

Notes: _____

It's Different

The One Thing

Discover The One Thing

Luke 10:42 NLT

There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her.

1. Live a balanced life.

Luke 10:39-40 NLT

39 Her sister, *Mary, sat at the Lord's feet, listening to what he taught.*
40 But Martha was distracted by the big dinner she was preparing.

2. Take it to the Lord...and take personal responsibility.

Luke 10:40 NLT

But Martha was distracted by the big dinner she was preparing. She came to Jesus and said, "Lord, doesn't it seem unfair to you that my sister just sits here while I do all the work? Tell her to come and help me."

3. You are only as close to God as you choose to be.

Luke 10:42 NKJV

But one thing is needed, and *Mary has chosen that good part, which will not be taken away from her.*

4. There is life in relationships...the rest is just details.

Luke 10:41 NLT

But the Lord said to her, *"My dear Martha, you are worried and upset over all these details!*

1 John 4:15 Message

Everyone who confesses that Jesus is God's Son participates continuously in an intimate relationship with God.

Notes: _____

