

Key Scripture

Proverbs 4:3 NCV

It takes wisdom to have *a good family*, and it takes understanding *to make it strong*.

Get Away

Matthew 11:28-30 Message

28 "Are you tired? Worn out? Burned out on religion? Come to Me.

Get away with Me and you'll recover your life. I'll show you how to take a real rest.

29 Walk with Me and work with Me — watch how I do it.

Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you.

earn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you 30 Keep company with Me and you'll learn to live freely and lightly."

Benefits of Getting Away

- ✓ Getting Away will help <u>change</u> your negative perspective.
- ✓ Getting Away will help get you out of your comfort zone.
- ✓ Getting Away will help your mind and body rest.

Getting Away happens when we find rest in His presence.

Psalm 62:1 NIV

My soul finds rest in God alone; my salvation comes from Him.

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God's Family

Get Away

How to get away...

1. Leave your old way of life behind.

Genesis 35:1a GNT

God said to Jacob, "Go to Bethel at once, and live there.

2. Stop running from your problems.

Genesis 35:1b GNT

Build an altar there to Me, the God who appeared to you when *you were running away from* your brother Esau."

3. Travel light.

Genesis 35:2a GNT

So Jacob said to <u>his family and to all who were with him</u>,

"Get rid of the foreign gods that you have...

4. Make a change.

Genesis 35:2b NIrV

... Make yourselves pure, and change your clothes.

5. Go to the House of God and Leave it all at the Cross.

Genesis 35:3-4 GNT

3 We are going to leave here and go to Bethel, where I will build an altar to the God who helped me in the time of my trouble and who has been with me everywhere I have gone." 4 So they gave Jacob all the foreign gods that they had and also the earrings that they were wearing. He buried them beneath the oak tree near Shechem.

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