

Key Scripture:

Mark 1:28 NLT

The news about Jesus spread quickly throughout the entire region of Galilee.

Fearful Times

Luke 21:10-11 NKJV

10 Then He said to them, "Nation will rise against nation, and kingdom against kingdom. 11 And there will be great earthquakes in various places, and famines and pestilences; and there will be fearful sights and great signs from heaven.

The Fear Factor

✓ **Fear is common to all.**

Genesis 3:10 NKJV

So he said, "I heard Your voice in the garden, and I was afraid because I was naked; and I hid myself."

✓ **Fear robs people of hope.**

Proverbs 13:12 NKJV

Hope deferred makes the heart sick, But when the desire comes, it is a tree of life.

✓ **Fear can be contagious.**

Numbers 13:32 Message

They spread scary rumors among the People of Israel.

✓ **Fear draws people into a self-preservation mindset.**

The Hope for the World

Matthew 24:14 NLT

And the Good News about the Kingdom will be preached throughout the whole world, so that all nations will hear it; and then the end will come.

Notes: _____

Contagious Christianity

Spreading Hope...Not Fear

Spread Hope...Not Fear

1. **Precaution and common sense.**

Proverbs 3:21-22 CEV

21 My child, use common sense and sound judgment! Always keep them in mind. 22 They will help you to live a long and beautiful life.

2. **Pray**

Philippians 4:6-7 NLT

6 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. 7 Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

3. **Proclaim the Good News.**

Mark 16:15 NCV

Jesus said to his followers,

"Go everywhere in the world, and tell the Good News to everyone."

4. **Place your trust in Jesus.**

Isaiah 26:3-4 NLT

3 You will keep in perfect peace all who trust in You, all whose thoughts are fixed on You!
 4 Trust in the Lord always, for the Lord God is the eternal Rock.

John 14:27 NLT

"I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid."

John 14:1 NLT

Don't let your hearts be troubled. Trust in God, and trust also in Me.

Notes: _____

