

Building trust in others

Luke 22:31-34 NLT

- 31 "Simon, Simon, Satan has asked to sift each of you like wheat.
 32 But I have pleaded in prayer for you, Simon, that your faith should not fail.
 So when you have repented and turned to me again, strengthen your brothers."
 33 Peter said, "Lord, I am ready to go to prison with you, and even to die with you."
 34 But Jesus said, "Peter, let me tell you something. Before the rooster crows tomorrow morning, you will deny three times that you even know me."

What keeps us from trusting others?

- ✓ Low **Disposition**
- ✓ Unrealistic **Expectations**
- ✓ Past **Hurts**

Trust Essentials

- ✓ Trust starts with **you**.

1 Corinthians 3:18 NKJV

Let no one deceive himself...

- ✓ Trust cannot be **divided** into separate areas in your life.

Luke 16:10 CEV

Anyone who can be trusted in little matters can also be trusted in important matters.

But anyone who is dishonest in little matters will be dishonest in important matters.

- ✓ Trust is like a **401k**.

Luke 6:38 NLT

Give, and you will receive. Your gift will return to you in full—pressed down, shaken together to make room for more, running over, and poured into your lap.

The amount you give will determine the amount you get back.

Notes: _____

Relationships

Building Trust

How to rebuild broken trust...

1. Give or ask for **forgiveness**.

Luke 22:32 NLT

32 But I have pleaded in prayer for you, Simon, that your faith should not fail.
 So when you have repented and turned to me again, strengthen your brothers."

2. **Understand** why the trust was broken – then correct it.

John 21:15-16 NLT

15 After breakfast Jesus asked Simon Peter,

"Simon son of John, do you love me more than these?"

"Yes, Lord," Peter replied, "you know I love you." "Then feed my lambs," Jesus told him.

16 Jesus repeated the question: "Simon son of John, do you love me?"

"Yes, Lord," Peter said, "you know I love you." "Then take care of my sheep," Jesus said.

3. Be **patient** and consistent.

John 21:17 NLT

A third time he asked him, "Simon son of John, do you love me?"

Peter was hurt that Jesus asked the question a third time. He said, "Lord, you know everything. You know that I love you." Jesus said, "Then feed my sheep."

4. Trust is rebuilt by **action** not words.

John 21:15-17 NKJV

15 ..."Yes, Lord; You know that I love You." He said to him, "Feed My lambs."

16..."Yes, Lord; You know that I love You." He said to him, "Tend My sheep."

17..."Lord, You know all things; You know that I love You."

Jesus said to him, "Feed My sheep."

1 Peter 1:8-9 NLT

8 You love Him even though you have never seen Him.

Though you do not see Him now, you trust Him; and you rejoice with a glorious, inexpressible joy. 9 The reward for trusting Him will be the salvation of your souls.

Notes: _____



Relationships

Building Trust