



# For The Better

## A Change of Mind

### Key Scripture

Ephesians 4:23 TLB

Now your attitudes and thoughts must all be constantly changing for the better.

### Change like a child...

Matthew 18:1-4 NIV

1 At that time the disciples came to Jesus and asked, "Who is the greatest in the kingdom of heaven?" 2 He called a little child and had him stand among them.

3 And he said: "I tell you the truth, unless you change and become like little children, you will never enter the kingdom of heaven. 4 Therefore, whoever humbles himself like this child is the greatest in the kingdom of heaven."

### Change Your Thoughts...Change Your Life

Proverbs 23:7 NKJV

For as he thinks in his heart, so is he.

**What we think determines who we become**

### Attitude & Thought Assessment

✓ **Perplexed - 1 2 3 4 5 6 7 8 9 10 - Peaceful.**

John 16:33 NKJV

These things I have spoken to you, that in Me you may have peace.

In the world you will have tribulation; but be of good cheer, I have overcome the world."

✓ **Victim - 1 2 3 4 5 6 7 8 9 10 - Victor.**

Psalms 3:8 NLT

Victory comes from You, O Lord. May you bless your people.

✓ **Earthly - 1 2 3 4 5 6 7 8 9 10 - Eternal**

2 Corinthians 4:18 NKJV

while we do not look at the things which are seen, but at the things which are not seen.

For the things which are seen are temporary, but **the things which are not seen are eternal.**

Notes: \_\_\_\_\_  
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### Make a change for the better...

#### 1. **Determine** attitudes & thoughts that must change.

Psalms 139:23-24 NLT

23 Search me, O God, and know my heart; test me and know my anxious thoughts.

24 Point out anything in me that offends You and lead me along the path of everlasting life.

What is your strongest thought that is destructive...hurtful...not true?

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#### 2. **Declare** God's Word over your mind.

John 8:31-32 NKJV

31 Then Jesus said to those Jews who believed Him, "If you abide in My word, you are My disciples indeed. 32 And you shall know the truth, and the truth shall make you free."

Wrong thoughts: \_\_\_\_\_

God's Word: \_\_\_\_\_

#### 3. **Develop** a plan for renewing your mind.

Ephesians 4:23-24 CEV

23 Let the Spirit change your way of thinking 24 and make you into a new person.

You were created to be like God, and so you must please Him and be truly holy.

How will you plan to let the Holy Spirit change your thinking?

Thought: \_\_\_\_\_

Attitude: \_\_\_\_\_

Action: \_\_\_\_\_

Notes: \_\_\_\_\_

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