



Key Scripture:

2 Corinthians 5:18 GOD'S WORD

God has done all this. **He has restored our relationship with Him through Christ,** and has **given us this ministry of restoring relationships.**

God created you for relationships

Genesis 1:27-28 NIV

27 So God created man in His own image, in the image of God He created him; male and female He created them. 28 **God blessed them** and said to them, "**Be fruitful and increase in number;** fill the earth and subdue it. Rule over the fish of the sea and the birds of the air and over every living creature that moves on the ground."

It's all good except...

Genesis 2:18 NLT

Then the Lord God said, "**It is not good for the man to be alone.** I will make a helper who is just right for him."

Relationships are meant to be interactive

✓ **Interactional Relationship**

Genesis 4:1 NKJV

Now **Adam knew Eve** his wife, and she conceived and bore Cain...

✓ **Transactional Relationship**

Matthew 7:22-23 NIV

22 Many will say to Me on that day, 'Lord, Lord, did we not prophesy in your name, and in your name drive out demons and perform many miracles?'

23 Then I will tell them plainly, '**I never knew you.** Away from Me, you evildoers!'

Why do we have unhealthy relationships?

- ✓ **Past Hurts**
- ✓ **Misplaced Expectations**
- ✓ **Fear of being transparent**
- ✓ **Natural Reactions**

Notes: _____

Relational Health
Made For Relationships

How to be relationally healthy...

1. Personally – get to know God better.

Ephesians 1:17 NIV

I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that **you may know Him better.**

Romans 8:15-16 CEV

15 God's Spirit doesn't make us slaves who are afraid of Him. Instead, we become His children and call Him our Father. 16 **God's Spirit makes us sure that we are His children.**

2. Plant – yourself in a good environment.

1 Corinthians 15:33 NASB

Do not be deceived: "**Bad company corrupts good morals.**"

Mark 4:26-28 NIV

26 He also said, "**This is what the kingdom of God is like. A man scatters seed on the ground. 27 Night and day, whether he sleeps or gets up, the seed sprouts and grows, though he does not know how. 28 All by itself the soil produces grain – first the stalk, then the head, then the full kernel in the head.**"

3. Power – through a relationship of dependence on God.

Ephesians 6:10 NIV

Finally, **let the Lord make you strong. Depend on His mighty power.**

Acts 8:18 NLT

When Simon saw that the Spirit was given when the apostles laid their hands on people, **he offered them money to buy this power.**

1 Chronicles 16:11 ERV

Depend on the Lord for strength. Always go to Him for help.

Notes: _____

