

Key Scripture:

# Isaiah 54:11 GOD'S WORD

### We all have goals

#### Luke 13:22-24 TNIV

22 Then Jesus went through the towns and villages, teaching as he made his way to Jerusalem. 23 Someone asked him, "Lord, are only a few people going to be saved?" He said to them, 24 "<u>Make every effort to enter through the narrow door</u>, because many, I tell you, will try to enter and will not be able to.

### Goals don't get you results

- $\checkmark$  Winners and losers have <u>similar</u> goals.
- ✓ Achieving a goal is almost always a <u>temporary</u> change.
- ✓ Goals can <u>constrain</u> your happiness.
- ✓ Goals <u>handicap</u> long-term progress.

#### Isaiah 3:10 NIrV

Tell those who <u>do what is right</u> that things will go well with them. They will enjoy the <u>results</u> of the good things they've done.

### What is keeping you from your goals?\_\_\_\_\_

Luke 13:31 NLT At that time some Pharisees said to Him, "Get away from here if you want to live! Herod Antipas wants to kill you!"

### What are you doing to reach your goal?

### Luke 13:32-33 NIV

32 He replied, "Go tell that fox, 'I will drive out demons and heal people today and tomorrow, and on the third day <u>I will reach my goal</u>.' 33 In any case, <u>I must keep going</u> today and tomorrow and the next day — for surely no prophet can die outside Jerusalem!

Notes: \_\_\_\_\_

# RESET

Habitually Reach Your Goals

# Implementing habits to reach your goals

### 1. Start <u>small</u>.

Zechariah 4:10 TLB Do not despise this <u>small beginning</u>, for the eyes of the Lord rejoice to see the work begin, to see the plumbline in the hand of Zerubbabel.

✓ What <u>small discipline</u> must I implement to start my Good Habit? \_\_\_\_\_\_

# 2. Make it <mark>easy</mark>.

#### Matthew 19:21-22 CJB

21 Yeshua said to him, <u>"If you are serious about reaching the goal</u>, go and sell your possessions, give to the poor, and you will have riches in heaven. Then come, follow Me!" 22 But when the young man heard this, he went away sad, because he was wealthy.

Psalm 5:8 ERV Lord, show me Your right way of living, and <u>make it easy for me to follow</u>...

What actions must I take to make my Good Habit <u>easy</u>?

## 3. <u>Repeat</u> it daily.

Proverbs 22:18 NCV

It will be good to keep these things in mind so that you are ready to repeat them.

✓ What actions must I take to make my Good Habit <u>repeatable</u>?\_\_\_\_\_\_

#### Philippians 3:15-16 Message

15 So let's keep focused on that goal, those of us who want everything God has for us.

If any of you have something else in mind, something less than total commitment, God will clear your blurred vision — you'll see it yet!

16 Now that we're on the right track, let's stay on it.

Notes: